

# Patient Burn Care Guide

Burn injuries are traumatic and painful, and most often require follow-up care with a burn specialist. The Grossman Burn Center at Bakersfield Memorial Hospital provides 24-hour emergency burn care in the emergency room and the Robert A Grimm pediatric emergency room. For minor burns, appointments can be scheduled at the outpatient burn clinic. No walk ins.

## 24-hour Emergency Burn Care

**Book Your Estimated ER Arrival Time**  
[dignityhealth.org/bakersfieldmemorial/er](http://dignityhealth.org/bakersfieldmemorial/er)

Emergency Burn Care Available 24-Hours at Memorial Hospital Emergency Room and the Robert A Grimm pediatric emergency room.

Any burn injuries that come in to the emergency room at Memorial Hospital will be seen by a burn specialist.

### Emergency Burn Care

If the area burned is larger than the patients hand, or involves functional parts of the body such as feet, face, eye, ears and groin or is located over major joints, a burn center consult is recommended by the American Burn Association.

Initial care and treatment of burn injuries significantly impacts healing, outcomes, function and appearance. The appropriate treatment for a burn patient depends upon the severity of the burn. For more serious injuries, treatment by a multidisciplinary team at hospital burn centers, with special capabilities, for managing burns is essential.

**The S.A. Camp Companies Burn Unit at the Grossman Burn Center at Memorial Hospital**  
420 34th Street  
Bakersfield, CA 93301  
**24-Hour Emergency Burn Consult**  
**661.323.BURN (2876)**



## Outpatient Burn Clinic Appointments Only

**Call and schedule an appointment at the Outpatient Burn Clinic 661.541.0048**

Minor and Non-Emergency burn care is available by appointment and can be scheduled at the Outpatient Burn Clinic at Memorial Hospital.

No walk ins. Appointment Only.

Medical Insurance requirements vary; please contact your primary provider directly for instructions.

### Minor Burn Care

In general, minor burns are first-degree burns or second-degree burns that are smaller than the size of the patient's hand.

Smaller or less severe burns still may require specialized treatment. This is due to common complications likely to develop as a result of the burn. Infection, joint contracture impairment, scarring or risk of repeated exposure (especially for firefighters) all delay and complicate the healing process.



**SEE REVERSE SIDE**

Non-Emergency after care instructions

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# Medical Provider Burn Care Referral Guide

## Outpatient Burn Clinic Appointments Only

Medical providers referring patients must provide the following prior:

- Medical Records
- Authorization for Grossman Medical Group and Grossman Burn Center at Memorial Hospital

Please have the patient complete medical release forms and fax authorizations to 661.327.0576:

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Grossman Burn Center at Memorial Hospital**  
420 34th Street  
Bakersfield, CA 93301  
**Outpatient Burn Clinic (appointments only)**  
**661.541.0048**

## Criteria for Burn Referral

The American Burn Association identifies the following as injury requiring burn center referral/consultation.

- Partial thickness (second degree burn) >10% TBSA
- Any full thickness (third degree burn)
- Burns to the face, hands, feet, genitalia, perineum, or joints.
- Electrical injuries (including lightning)
- Inhalation injuries
- Do not apply dressings until a burn center has been consulted

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## Minor Burn First-Aid

- Stop the burning process. Cool the burn with running cool (not cold) water for 3-5 minutes. Do not overcool! If the person starts to shiver, stop the cooling process.
- Remove all jewelry, watches, rings and clothing around the burned area as soon as possible.
- Administer an over-the-counter pain reliever, such as ibuprofen or acetaminophen for pain control.
- For burn areas without blisters, applying Aloe Vera products is soothing and a good choice.
- For burn areas with blisters, apply a topical antimicrobial, i.e. Bacitracin or Triple antibiotic ointment and cover with a gauze bandage or band-aid.
- Cover the burn with a sterile gauze bandage or clean cloth. Wrap the burned area loosely to avoid putting too much pressure on the burn tissue.

### Seek emergency treatment if the patient experiences:

- A persistent fever not relieved by medication
- Redness that may extend beyond the border of the burn.
- Pain that is not controlled by ibuprofen or acetaminophen.

### Signs of Infection:

- Redness that extends beyond the burned area that can feel warm to touch or swollen.
- Change in the drainage to a creamy or colored appearance.
- Fever, chills and/or increased pain and swelling in the affected burn limb not relieved by pain medication.

If you begin feeling worse and feel your condition is emergent, please go to the nearest Emergency Department or call 911.

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